

Menu



Date

Week 3 Menu

Monday

Morning Tea - Anzac Biscuits

Lunch - Sweet & Sour Chicken with rice

Sweet and Sour Vegetables with Rice

Tuesday

Morning Tea - Pear & Cinnamon Bread

Lunch- Beef Spaghetti with garlic bread

Tomato Spaghetti with garlic bread

Wednesday

Morning Tea - Dried Fruit & Crackers

Lunch - Selection of Sandwiches

Thursday

Morning Tea - Sultana Scones

Lunch - Apricot Chicken with rice

Steamed Vegetables with rice

Friday

Morning Tea - Vegemite Twist

Lunch - Mini Beef Pies with vegies

Vegetable Pies

Afternoon Tea Fresh Fruit

